

The Spiritual Paradox by Gary Bate

Imagine that you had one or more previous lives before you picked up your baby's body in this one. Further, imagine you could remember your previous life/lives? It's a valid imagination because very few people are evolved sufficiently enough to even contemplate this. How encumbered as a baby do you think you would be?

Now we know why we are stripped of our memories (in the Light) before we come back here; yet our wisdom remains in our souls and that is available to us. We can deduce from this that the detail of our life is unimportant, but the wisdom we derive from it is critical. We are wisdom hunters...

We are seemingly complex beings; yet when we break it down, we find that there is essentially just 2 parts to us and each part has a totally different path...

There is the 'surface self', which is the sensual physical body and there is the 'deeper self', which is the part of us who simply observes us without any judgment. The former is limited mind and the latter is unlimited mind and we're all caught somewhere in between.

The more we move away from the sensual body, the closer we move to God. We can only exercise our divinity when we stop gratifying our bodies. It's a sobering realisation. This is why the deity Shiva sits on the Tiger.

Some people try to advance their Spiritual lives (by doing all kinds of events) whilst they continue to gratify their bodies. This is delusional and they just make an image out of Spirituality. The guru followers are simply worshipping an idol; they don't have any imageless ideal.

Emotion is addictive and we have all easily become addicted to living for our bodies. The problem with changing paths and living for our deeper self, is there's no emotion (feeling) associated with it, because that only comes AFTER the experience. The training then is to try and create a reality, which we have no emotion or passion for. We may well be divine in the depths of our being, but if we never reach for it, then we are no more than that which we are addicted to.

I can't say that I'm a Spiritual person until I start living for Spirit. I'm not going to be a hypocrite! Whilst I live for my body, I am the same as you. We are only defined if we accept their definitions; it is we who define who we are. I write this because I believe everyone should at least know the choice they have.

If your guru is not sharing this kind of information to empower you, you have to ask yourself a serious question – are they empowering you to work towards this ideal or are they only concerned about your allegiance, your service and your support?

It takes a strong mind to release yourself from an easy addiction.

This wee piece needs to be read with my other snippet entitled Authentic Power. Both are now on my website. I think my work is done here, because I couldn't be more clear about what the choice is. Of course there's always more 'to know' and I've endeavored to share as much as I can in my free articles on my website and my 7 books linked from it.

The journey is to make known the unknown in you and that's all in your subconscious mind. That is the real going within and the purest adventure there is. But remember – your emotion won't lead you there and you won't feel any passion for it, because that comes AFTER you've made it known...
~ Gary Bate of whatstress dot com